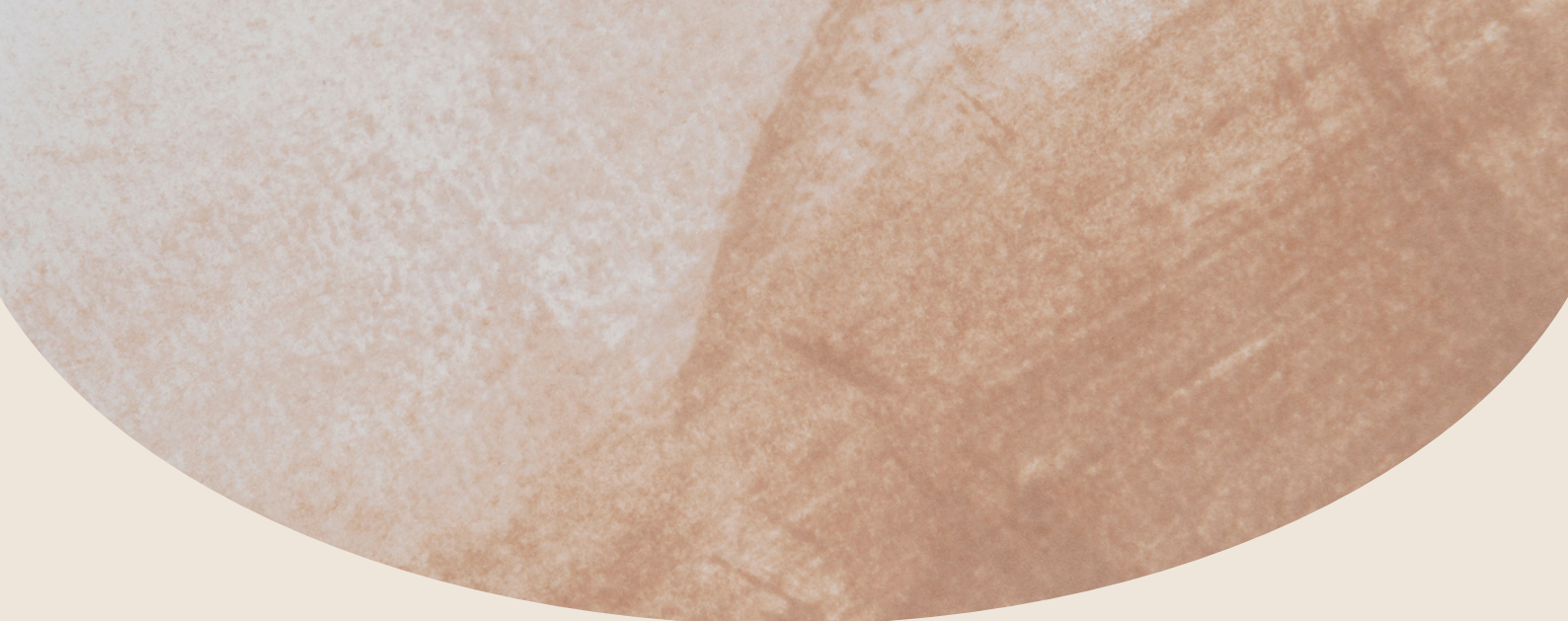
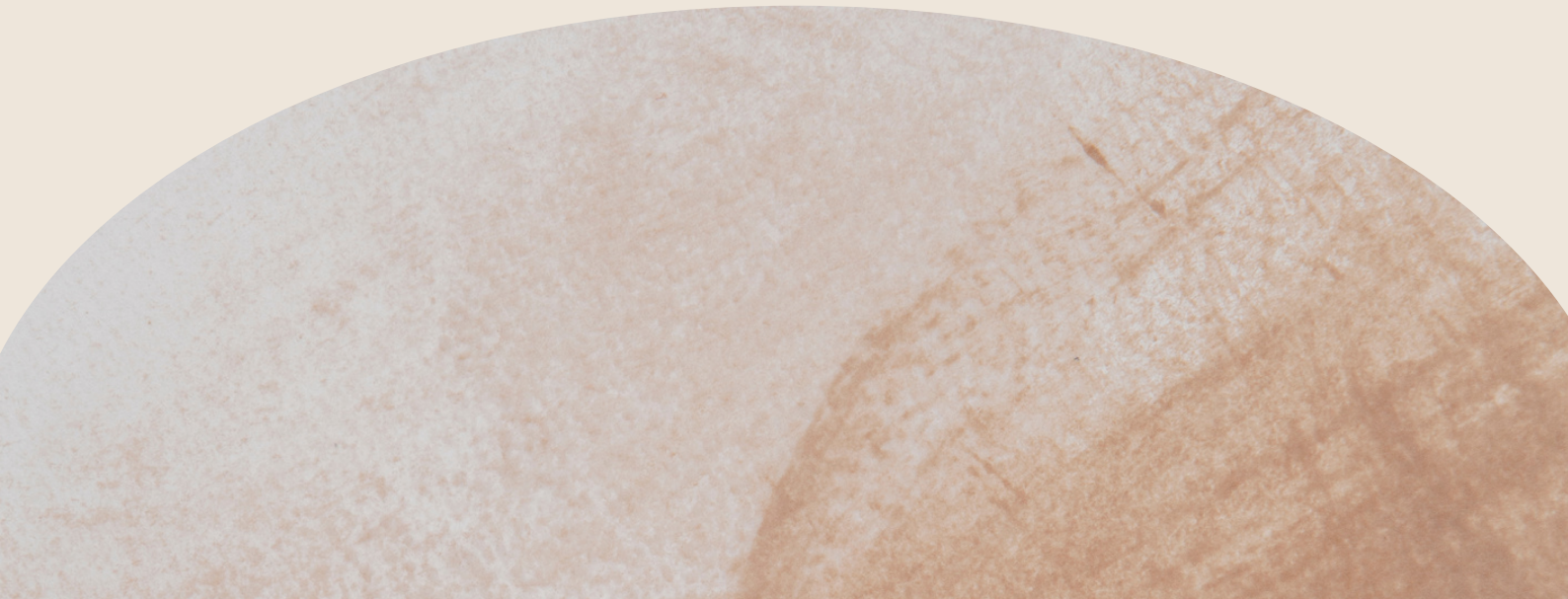




10 CONVERSATION STARTERS TO IMPROVE INTIMACY WITH YOUR PARTNER



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HELLO THERE

WHY CONVERSATION STARTERS MATTER

STRONG RELATIONSHIPS ARE BUILT ON CURIOSITY, COMMUNICATION, AND A WILLINGNESS TO GROW TOGETHER.

IT'S EASY TO ASSUME WE ALREADY KNOW EVERYTHING ABOUT OUR PARTNER, BUT THE TRUTH IS PEOPLE ARE ALWAYS EVOLVING. BY ASKING THOUGHTFUL QUESTIONS AND STAYING CURIOUS ABOUT EACH OTHER, YOU CREATE OPPORTUNITIES TO RECONNECT, DISCOVER NEW SIDES OF YOUR PARTNER, AND DEEPEN INTIMACY. THESE CONVERSATION STARTERS ARE DESIGNED TO:

- SPARK MEANINGFUL DISCUSSIONS BEYOND DAILY ROUTINES.
- STRENGTHEN EMOTIONAL CLOSENESS AND INTIMACY.
- IMPROVE COMMUNICATION BY MAKING SPACE FOR OPENNESS AND VULNERABILITY.
- REMIND YOU THAT CONNECTION GROWS WHEN YOU REMAIN CURIOUS ABOUT ONE ANOTHER.

TAKE YOUR TIME WITH THEM, PICK ONE QUESTION DURING A WALK, OVER DINNER, OR BEFORE BED. THE GOAL ISN'T TO "GET THROUGH" THE LIST, BUT TO ENJOY THE MOMENTS OF DISCOVERY TOGETHER.

STAYING CURIOUS KEEPS LOVE ALIVE. ❤️



10 CONVERSATIONS

STARTER

✦ TIP: ASK THESE QUESTIONS WHEN YOU BOTH FEEL RESTED, CALM, AND OPEN. NOT RUSHED OR STRESSED. A RELAXED SPACE MAKES DEEPER CONNECTION EASIER.

1. WHAT WAS A SMALL MOMENT TODAY THAT MADE YOU HAPPY?
2. HOW CAN I SUPPORT YOU BETTER THIS WEEK?
3. WHAT'S SOMETHING NEW YOU'D LIKE TO TRY TOGETHER?
4. WHAT'S ONE MEMORY OF US THAT ALWAYS MAKES YOU SMILE?
5. HOW DO YOU FEEL LOVED BEST : WORDS, TOUCH, OR ACTIONS?
6. WHAT'S A DREAM YOU HAVE THAT YOU HAVEN'T SHARED YET?
7. WHAT'S SOMETHING ABOUT INTIMACY YOU'D LIKE TO EXPLORE MORE?
8. WHEN DO YOU FEEL MOST CONNECTED TO ME?
9. WHAT'S A SMALL THING I COULD DO THIS WEEK TO MAKE YOU FEEL APPRECIATED?
10. WHAT DOES A PERFECT DAY TOGETHER LOOK LIKE TO YOU?



Let's Keep In Touch!

Loved these starters? Book a free consultation to take your connection even further on www.solsxxology.com.



Feel free to revisit some questions whenever you feel like connecting deeper with your partner.

THANK YOU! ✦